



*We are advocates for inclusivity offering tailored solutions to organizations dedicated to fostering employee well-being and inclusion*

Dr. Moreland is the Founder and Chief Inclusivity Officer for Moreland Counseling & Consulting Group, LLC. She is also the Co-Owner of Sanant Counseling & Wellness LLC, a private mental health practice.

For more than 15 years, she has facilitated hundreds of workshops, developed mutually beneficial partnerships, provided leadership to various nonprofit organizations, advocated and counseled individuals with varying abilities and developed award winning and nationally recognized community-based programs.

## SIGNATURE TOPICS

- ✓ Cultural Humility & Inclusion
- ✓ Employee Well-being
- ✓ Culturally Responsive Mental Health Practices
- ✓ Workplace Mental Health
- ✓ Community Engagement

### Honors & Awards

**Health and Wellness Best Practices Award - Beacon Communities, LLC, Pennsylvania Housing and Finance Agency**  
**Excellence Services Award, University of Pittsburgh**  
**Fab 40 Award, New Pittsburgh Courier**  
**Ladies Who Lead Award, Professional Women's Network**  
**Community Heroes Award, Community Living & Support Services (CLASS)**

# SELECT CLIENTS

- Indiana University of Pennsylvania
- Carlow University
- University of Pittsburgh
- University of North Texas
- ACT
- FISA Foundation
- Best of the Batch Foundation
- Pittsburgh Action Against Rape
- Hosanna House
- Friendship Circle
- Community Living And Support Services
- Grounded Strategies
- Bike Pittsburgh
- Allegheny County Department of Human Services
- Pittsburgh Action Against Rape
- Gateway Health
- Pittsburgh Public Schools
- When She Thrives
- Landforce
- Macednoia FACE
- Urban Pathways K - 5
- Bethany College
- Institute of Real Estate Management, Pennsylvania Apartment Association, and Apartment Association of Metropolitan Pittsburgh
- Bike Pittsburgh
- Greater Pittsburgh Community Food Bank

## CLIENT FEEDBACK

"Dr. Moreland presents in a way that makes everyone feel seen, heard and "normal", whatever that even is anymore. People bring their baggage, their hurts and the icky things that are unaddressed and Dr. Moreland makes you feel like you are not alone. This is what makes me the happiest about working with her, is that she is inclusive and empowering."

*Jasminie Cooper, Director of Workforce Development, Landforce*

"She is trailblazer and torch bearer believed she could add tremendous value to the panel discussion and inspire the audience goers. And she did just that! Dr. Moreland helped to set a tone of authenticity layered with common sense and sprinkled with the knowledge of a highly educated professional that uses her life experiences to motivate others to be the truest versions of themselves."

*Ardana Jefferson, Former Director of Hope Group, Hosanna House*



National Speaker  
Licensed Professional Counselor  
Facilitator

# Get in Touch!

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